



United States Department of Agriculture

You Are Invited To Join Us For...



Eat Smart, Live Strong

Enjoy fun and lively activities with other older adults!
Talk about easy ways to make smart food choices
and exercise more. Learn how you can Eat Smart
and Live Strong.



Date/Time: Wednesdays, March 14th and 28th
2:00 PM - 4:00 PM

Place: Yarnell Community Center

Contact: Jerry Florman (602) 399-1679
jerryflorman@gmail.com

CLUB YARNELL



United States Department of Agriculture
Food and Nutrition Service

The USDA is an equal opportunity
employer and provider.



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