

September 2017

What's in a Name? by Kim Lytle

It's official! By the time you read this, our new name, Yarnell Regional Community Center, should be registered and certified with the Arizona Corporation Commission. The name change reflects more accurately our service area and our efforts to serve more fully in the region: North Ranch to the south and Skull Valley and Wilhoit to the north. Our new acronym is the YRCC.

September brings not just cooler weather to Yarnell, but also the return of familiar faces to our dining room that are gone for most of the summer. So glad you have you back in the dining room and thrift store! We also have three new volunteers: Maureen, dining room desk on Tuesdays, Gerry in our Thrift store Wednesday, Thursday and Friday and Cher, our much-needed Meals-on-Wheels driver for Wednesdays.

We have been very fortunate to have David Fausey participate in a training program funded by NACOG for 13 weeks. The program ends the second week in September. He has made great contributions in both the Thrift Store and the kitchen and he will be sorely missed. Thank you, David — and we trust we have helped to prepare you for your next job.

David's departure leaves a big hole in the kitchen staff. If you would like to participate in our core program — Meals-on-Wheels and Congregate dining — by volunteering in the kitchen, stop by and talk to Kim Lytle.

It will be another busy month for the **Yarnell Regional Community Center**. This month we will probably hold our last "in-person" Food Handlers class for a while: Wed., Sept. 6, at 2 pm. Preregistration is not required and will still be free to volunteers. Yavapai County has expanded the on-line classes approved and will redirect people to that. Please stop by for a list of the websites offering the on-line classes. We are also happy to announce the return of NACOG's Medicare Benefits coordinator Laura Bell. She will be here Wednesday Sept 13 from 1–1:30 for a Medicare overview, and 15-minute individual consultations from 1:30–3:15.

for individual appt and general information. Please call Kim to sign up. 928-427-6347.

Our final event for the Honorary Mayor Race will be an old-fashioned Country Fair on September 16 at the Historic Peoples Valley School on Highway 89. The event is from 11–2 and will be fun for the whole family: gold panning all day long, a concession area with hotdogs and award-winning chili, plus sampling from the Cook-off competition! That competition between makers of desserts or casseroles will encourage contestants to shop locally and will rely on the talent of local judges. (Pick up your entry form at the YRCC or Dollar General, or find it online; your entry must be brought to the Historic Peoples Valley School by 10 am; judging will begin at 10:30, and public tasting at 11:30.) The "midway" offers traditional carnival fun: shooting gallery, duck pond, hoop the flamingo, pick a lollipop, etc. This will be especially suitable for little ones. The Community Games session will include classic and new relay races, an egg toss, water-on-the-brain, etc. The regional focus comes partly from the friendly rivalry between the local fire districts in three events as they compete for the GOLDEN BOOT. All Fire Districts will have a donation boot: the winning team will get to keep all of the money in their boot, and the other contestants will split their take — half to the YRCC Meals-on-Wheels program, and

half goes back to the competing Fire Department. Some activities will be free, most will require tickets. Purchase your entry ticket at the Yarnell Regional Community Center before Sep. 16, and get 7 tickets for \$5. At the Fair Day, tickets will be \$1 each, 6 for \$5, and 30 for \$20.

NOTE: The Thrift Store will be closed on Saturday, Sep. 16, as our volunteers and staff will be working the Country Fair!

We are so grateful for the support for our Mayoral candidate's mission. The money raised so far will cover the cost for more than 600 hot meals for our Meals-on-Wheels clients. Come to the Country Fair to have a great time, and to get Steve Spence elected as Honorary Mayor to bring us closer to our goal of covering all of the financial gap for our meals programs!

Other CLUB YARNELL Events for September:

- Every Monday, 4–6:30 pm — Game night
- First Tues. Sep. 5, 6–7 pm — Tai Chi
- Wed. Sep. 6 am–2 pm — Food Handlers Class
- Every Tues. 11–12 — Free blood pressure checks
- Wed. Sep. 13: 1–3 — Medicare Counselling.
- Mon. Sep. 18, 1:30–2:30 — A Conversation: It's YOUR Body! Tips and experiences that have been helpful for participants in addressing their health issues.
- NOTE: Discussion sessions of the Weaver Mountain Strategic Plan Action Plan have been postponed. Time and dates to be announced.